

# el DON

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SANTA ANA COLLEGE

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## Developing resolutions; SAC plans for future

by Brian Bergsetter

SAC administration is planning for development in two different directions.

One is the Orange Canyon satellite campus. The first phase of development or increment as the California Community College's Chancellor's office refers to it, is presently undergoing the first phase of building.

Under this process, SAC has made a general outline of the designated buildings with requests for funding and will present them to the board of trustees at their next meeting Jan. 16.

If the board approves the funding requests, they will be sent to the Chancellor's office.

Increment one development largely consists of two buildings. One will house classrooms, library, and student services. The structure will cover 100,000 square feet which is twice as large as Russell Hall.

Another building will serve to teach technological skills.

Dr. Vernon Armstrong, dean of planning and development, sees the first phase completed by 1981. By then, classes will be offered. However the site must undergo three more development phases before full utilization of the campus can be accomplished. This will probably be accomplished by the year 2000.

"You build to accommodate for the enrollment expected by the year 2000," said Armstrong.

The second development is a campus center which will house not only the student activities and ASSAC office but also a student lounge, campus store, medical center, meeting rooms, dining service, and a recreational area.

The site for the two-level structure will be where the present student activities office, cafeteria, and snack bar are located.

One feature that is unique is a food scatter system which is similar to the snack bar. The difference is that a scatter system has specialized areas where the student will directly go to order what he wants. There will be certain places for hamburgers, hot dogs, salads, and soft drinks.

The Center should be ready for student use by 1981.

This type of food service is found at El Camino College and the Fluor Corporation.

A cafeteria will also complement the scatter system.

The dean of planning and development also stated that the board is committed to a place where the students feel comfortable and a location to meet student needs.

Armstrong said that input from ASSAC officers and others attending SAC had been considered.

"Student involvement has been beneficial in helping plan the center," said Armstrong.



**NICE PLACE TO HAVE CLASSES--**While the area is wet right now, it should be dry by the time adult education has its new facilities at

Centennial Park. SAC is working with the city of Santa Ana and the county in developing the park.

## Adult education student gain planned park space for classes

by Brian Bergsetter

In the future, adult education students may be strolling through the park for classes.

SAC has been provided space in a proposed regional park north of Edinger Avenue and Fairview, close to the present location of Centennial Park.

The district received the offer by accident. The Federal Communication Commission which owns property close to the park informed the district that a portion of surplus acres of land could be made available to the college. SAC administrators expressed interest in using some of the space offered.

However, the district was not aware that this land had been designated by the city of Santa Ana and Orange County jointly as a regional park to further develop Centennial.

The college still has the right to construct educational facilities and will probably work hand in hand with other civic groups in using the park and the facilities constructed.

For example, a building housing a ceramic unit might be used by college classes during the school year and by a city sponsored ceramics class during the summer.

However, Dr. Paul Roman, administrative dean of Continuing Education is unsure as to what type of classes will be offered.

"We really don't know what programs will be there yet, but we do know they will be college credit classes," said Roman.

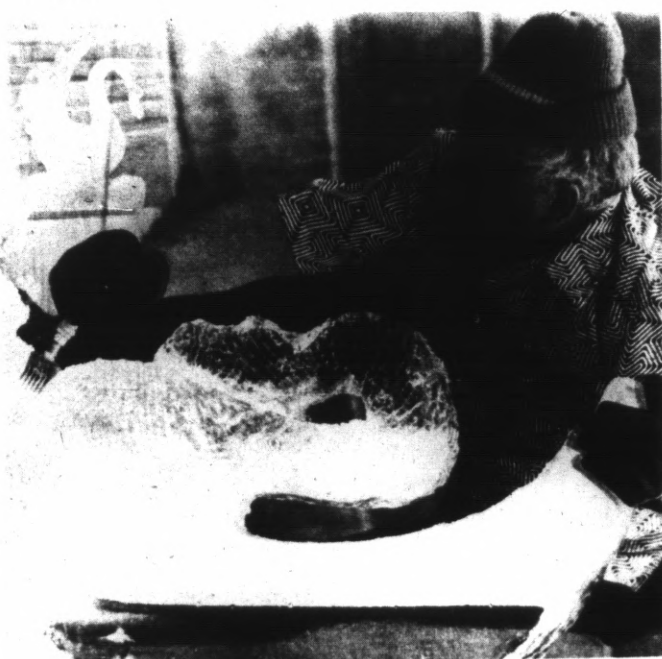
He approves of the new location because he feels the park's area is in a densely populated part of Santa Ana and believes that the location of the facilities will help to reach out to more people in the community.

## News Briefs

### Relax for finals

#### Summer forestry work

Students who want to work for the Federal Government in National Parks and Forests next summer must submit applications by Jan. 15. For more information write: Seasonal Employment, Office of Personnel, National Parks Service, Washington D.C. 20240.



**ICE ART--SAC Continuing Education instructor Carl V. Bruun teaches his ice sculpturing techniques while carving a swan last Wednesday in the amphitheater. The class meets Monday and Wednesday from 9-12 noon until Feb. 13.** (photo by Chris Ablott)

SAC Learning Center Coordinator Dr. Michael Trevitt is conducting several Mini Workshops designed to help students prepare for the home stretch of the semester.

Overcoming test anxiety will be the goal of workshops on Tuesday, Jan. 10 from 5-7 p.m. and Friday, Jan. 13 from 1-3 p.m.

Techniques of relaxation will be explored Wednesday, Jan. 11 from 11 a.m.-noon.

Textbook attack will be covered Thursday, Jan. 12 from 9:30-10:30 a.m.

All workshops will be in L-207 on the second floor of the Library, next to the Learning Center. Students wishing to attend any of the workshops should sign up through the Learning Center, 835-3000 ext. 416 or 417.

#### Planetarium show opens

**Voyagers to the Giants**, a planetarium show will be presented tomorrow at 10:30 a.m. at the Tessman Planetarium.

#### Go to Guatemala tonight

Expedition 77 will show its Multi Media Presentation of Guatemala tonight at Phillips Hall 7:30 p.m.

#### BSU to screen 'Lady'

**Lady Sings the Blues**, the movie based on the life of Billie Holliday that won Oscar nominations for best picture and Diana Ross as best actress, will be shown tonight at 7:00 p.m. at D-101. The film is presented by Community Services and the BSU as part of the Black Film Festival.

#### Softball tryouts slated

Tryouts for the SAC intercollegiate women's softball team are being held Tuesday and Thursday afternoons

from 12:30 - 2:00 p.m. on the softball field. For further information contact Ms. Palmer in W-104.

#### Circle K to polls

Circle K will be holding elections for spring semester officers. Offices up for election are president, vice-president, secretary, treasurer, and chairpersons for various committees. Students who do not belong to Circle K but are interested in becoming involved with the organization may have a chance to be a chairperson. Nominations and elections will take place January 10, at U-104 at 12:30.

#### Debaters prep for L.B.

SAC Forensic squad was idle over Christmas vacation but will be in the Long Beach National Invitational, January 13 and 14.

#### SAC Band to play

The College Band, under the direction of Ben Glover, presents its annual winter concert at Phillips Hall, Jan. 15, 8:00 p.m. Admission is free.

#### el DON seeks staffers

An important meeting to set plans for the staffing and publication of **el DON** in the spring semester will be held on Wednesday, Jan. 11 at 12:30 p.m. in room C-201 in the Humanities Building. All interested reporters, photographers, and graphics artists are invited, according to **el DON** adviser Terry Bales. Anyone who cannot attend the meeting, but who is nevertheless interested in being on **el DON**, should see Bales or sign-up for Journalism 121 and 123.



# Child psychologist seeks new approach

by Jean Herold

"I've tried everything, but no matter what I do, he just won't obey me." Sounds like the familiar parental complaint, doesn't it? Contrary to what some parents think, there is

something that can be done about it.

Bernie Schwartz, SAC instructor and family therapist, is the co-author with Paul Wood, MD., of **How To Get Your Children To Do What You Want Them To Do**.



**SPARE THE ROD--SAC instructor Bernie Schwartz tells el DON reporter Jean Herold about his book, "How To Get Your Children To Do What You Want Them To Do." Schwartz is presently writing another book, which is to be titled "How To Build Self-Confidence in Children."**

(photo by Jim Stoughton)

Schwartz explained that the book is a "how to" approach that is based on a type of therapy called brief family intervention (BFI).

Schwartz, who has worked with children for over 10 years and sees five families a week, said that effective discipline begins with a clear demand, and involves a follow-up if the child doesn't obey.

In 5,000 clinical cases, observations showed that no matter what the misbehavior was that the child was involved in, the parent did not demand that the behavior stop.

A parent must do whatever is necessary to demonstrate to the child that the parent is not lying.

Since the **How To** . . . book is translated into other languages such as Dutch, German and French, Schwartz pointed out that he and Wood have received letters from parents and teachers from all over the world saying that they had tried every theory with little result until they tried the "how to" approach, and related this method worked.

and means what he says. For example, if the child won't go to bed, then the parent takes him to bed, or if the child won't go to school, then the parent stays in the classroom with the child.

Concerning their book, which is available in the Don Bookstore, Schwartz and Wood both feel that, "the approach is a positive one. We are concerned more with what parents do right than with what they do wrong."

"What this book does is help parents understand what it is they are doing when they are effective, so that they can extend that approach to the situations which are causing them difficulties."

Schwartz remarked ruefully, "We live in such an overly intellectual age where we believe that everything that somebody does must have a deep-seeded psychological reason."

He went on to add, "99 per cent of misbehavior is done for the fun of it or because the child is out of control - not because he's crazy."

Articles concerning the **How to** . . . book have appeared in publications such as **Psychology Today**, **Orange County Illustrated**, **London Times**, **Los Angeles Times** and a six-part serialization in 30 major newspapers such as the **San Francisco Chronicle** and the **Miami Herald**. The authors have also made numerous radio and television appearances including "A.M. Los Angeles" Show and the "Michael Jackson" Program.

Another book Schwartz is involved with, **How To Build Self-Confidence in Children**, deals with exactly that.

This book, to be published in Sept. '78, helps parents to teach their children to develop assertive social skills without being passive or aggressive.

So far, the research of co-authors John Flowers and Curt Booraem show that when a child learns assertive behavior, his popularity increases at school, his grades improve and behavioral problems decrease.

## Father McGovern offers SAC added dimensions in counseling

by S.A. DeLeon

"I'm a mobile man and I make my office at the snack-shop over a cup of coffee or the cafeteria or anywhere you like," smiled Father Phil McGovern, advisor of the Newman Club. The Newman Club is of Catholic origin but McGovern confirmed, "It is not restricted to only Catholics."

Father McGovern is often seen on campus and although

he is not a student, it is very likely to see him sitting in on a class or two, actively participating. McGovern pours a great deal of his enthusiastic energy on people. "Many people are struggling with personal problems and questions. I'm here to help them. My continuous presence on campus is a way of telling students that I'm available to listen or talk anytime, anyplace."

As a representative of the

Catholic Church, McGovern stressed that the Church does care and does back the community college. "We care for people -- students, faculty and staff. We do give a damn and we're going to support what the college is doing. People are here to get an education. We're going to help motivate that."

Having a masters in counseling psychology, the Dublin born priest finds himself making contact with students through a different channel. "The counselors help you with classes and careers. I am an added dimension to counseling. People see me as the symbol of the spiritual, and approach me wanting to seek their meaning in life or trying to find their value system."

McGovern explained that the club is a group for support and listening. "We try to build social awareness. We get involved with community projects, but most importantly help people have a better quality of life."

Though having no office on campus, McGovern talks with people at their convenience and in much more casual atmospheres. "I like being a mobile man," added McGovern. "I even make house calls."



Father Phil McGovern

## League play continues as Matmen vie to improve

by John Thompson

Coach Frank Addleman's grapplers, 4-7 on the year, continue their league play, as they travel to San Diego Mesa, Jan. 11, to face the Olympians.

The matmen, who have idol over the holidays, have resumed there long and hard practices, gearing for the state championships.

"As a team we haven't wrestled that well so far, but as league progresses I'm sure we will improve, stated Addleman. Vega and Winters have been our high points so far, and in their prospective classes, are rated high in the state.

After the Mesa match, the Dons compete in the San Luis Obispo Tournament, which features all the top competition throughout the state.

"The winners in this tourney will give us a good indication of who will be tough in the state tournament, says Addleman, it's the proving point for alot of people."

All together the matmen have four matches left, to have a winning record they are going to have to win all four. Two are with powers, Grossmont and Cerritos, rated 3rd and 4th in the state. It could be difficult, but even in defeat Addleman's squad will no doubt be respectable.

## Disciplined Chargers win SAC tourney

by Raymond Crawford

Led by the overall fine play of Rory Lovell, Ray Beer and Bob Diaz the defending state champions, Cypress College, were able to beat the speedy Dons 87-77 in the inaugural SAC Holiday Basketball Classic.

Coach Don Johnson's disciplined Chargers exhibited poise and patience in the championship battle as they consistently connected on 15-jumpers and timely lay-ins. The first half of play was fiercely contested as the Dons and the Chargers exchanged baskets at will. Splendid perimeter shooting by Mike Maxam, Edgar Wickliffe and Frank Jefferson enabled the pesky Dons to pull within a point at the half-trailing 41-40.

The Chargers opened the second half with their guns blazing as they stormed to a quick 55-44 lead. The Charger surge was aided by SAC miscues and turnovers. With 12:53 left in the game and the Dons trailing 71-52, a sorely needed rally finally materialized for SAC. A quick basket by Howard Avery provided the Dons with some spark. After Avery's bucket, Wickliffe, Maxam and Jefferson followed with consecutive hoops to cut the Charger lead to 71-60. Cypress scored on a lay-in by Lovell before the battling Dons wheeled off another 8-point scoring spree.

The Dons closed the gap to 73-68. At this point, Cypress pulled themselves together and went on to cement the win.

Maxam, who played extremely well for SAC the entire tourney, was named tourney MVP. For his good performance, Wickliffe was voted to the all-tourney team. Lovell and Beer of Cypress, Teddy Colter of Glendale, Arizona and Paul Roby of San Bernardino Valley College rounded out the all-tourney unit. The Dons, who now sport an 8-5 record, will travel to Mt. San Jacinto to battle the Eagles in another pre-league encounter tonight at 7:30 p.m.



**MR. MVP--Freshman forward Mike Maxam scores on a lay-in basket in the recent SAC Holiday Basketball Classic. The 6'6" Don frontline ace was voted the MVP of the tourney**

**for his extraordinary tournament play. Maxam tallied a total of 65 points in the three-day classic.**

(photo by Jeff Armstrong)